

Sports BRIEFS

Hispanic Heritage Month Golf Tournament

The Randolph Hispanic Heritage Month committee is hosting the Randolph Hispanic Heritage Month Golf Tournament today with registration at 11:30 a.m. at the Randolph Oaks Golf Course. To register, email martha.giannotti@us.af.mil.

Randolph Oaks Club Championship

Golfers can now sign up for the Randolph Oaks Club Championship held Saturday and Sunday. Tee times are 7-9 a.m. Entry fee is \$20 per person plus greens fees and cart.

2011 golf survey

The Randolph Oaks Golf Course is asking its customers to take a survey and let them know how to improve customer service. There is a kiosk in the lobby of the facility to take the survey or it can be done in the comfort of your own home by going to the following link:

<http://ngfsurvey.com/cgi/start.asp?SC=randolphoaks>

Customer feedback is important and enables management to make decisions concerning improvements to the course and operation.

Bike fitness

The Rambler Fitness Center hosts bike rides every Thursday from 11:30 a.m. to 12:30 p.m.

Appropriate cycling gear (no mountain bikes) is required. These rides are led by a member of USA Cycling.

Custom club fitting

The Randolph Oaks Golf Course offers a certified custom club fitting pro shop. Call 652-4653 to schedule a personal fitting.

SPORTS – HEALTH – FITNESS

Randolph to run rampant at Air Force marathon

By Airman 1st Class Alexis Siekert
502nd Air Base Wing OL-B Public Affairs

After training for months, five of Randolph's runners are finally setting out to compete in the 15th annual Air Force Marathon at Wright-Patterson Air Force Base, Ohio, this weekend.

Each year's events are held the third Saturday in September in celebration of the Air Force birthday.

All levels of runners from around the world compete in the marathon, wheelchair race, half-marathon, 10-kilometer and 5-kilometer races and, according to uasfmarathon.com, the official Air Force Marathon website, the races are growing every year, with more than 12,000 participants in 2010. All races for this year are already filled.

Alfred Pena Jr., Air Education and

Training Command capabilities and integration information technology strategic planner, will be the only full-marathon runner from Randolph; however, Debbie Landry, Air Force Personnel Center Airman Assignments Division chief, Joshua Cates, F-15E electronics weapons assignment officer fighter porch chief, and David Fain, AETC Fire and Emergency Services functional manager, will be running the half-marathon. Yasheda Lyons, Air Force Recruiting Service program management operations NCO in charge, will be representing Randolph in the 10-kilometer competition.

A base-wide email was sent out with an application to sign up to represent Randolph at the marathon, Rikk Prado, 902nd Force Support Squadron sports manager, said. Once applications were turned in, a small panel picked those who would be on the team.

Typically, AETC sponsors a team, picking the best runners from all its bases; however, they did not chose a team this year, so 902nd FSS was able to send a team to Ohio to compete as well as provide matching warm-ups, he said.

With the Randolph runners competing in different distances, they have been training individually, Cates said.

"Setting a goal – giving you something to train for – keeps you motivated," he said. "It's something to get me out of bed in the morning and running."

The runners left San Antonio Thursday to be ready for the weekend's events.

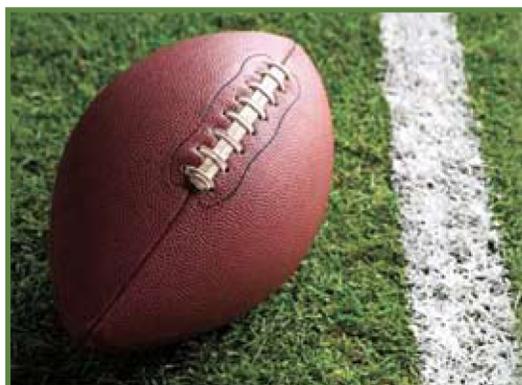
Looking ahead to the competition, Landry expressed her optimism, but she was happy just to participate.

"We all get medals if we finish," she said. "It's just about getting out there and being a part of it."



Photo by Airman 1st Class Alexis Siekert

From left to right: Yasheda Lyons, Air Force Recruiting Service program management operations NCO in charge, David Fain, Air Education and Training Command Fire and Emergency Services functional manager, Debbie Landry, Air Force Personnel Center Airman Assignments Division chief, and Joshua Cates, F-15E electronics weapons assignment officer fighter porch chief, prepare for the Air Force Marathon with a practice run on the track in front of the Rambler Fitness Center during lunch Sept. 7. Not pictured is Alfred Pena Jr., AETC capabilities and integration information technology strategic planner, who will also compete.



Randolph Intramural Flag Football Standings

359th MDG	5-0	561st DET 2	1-3
359th AMDS	3-1	902nd SFS	1-3
902nd CES	2-2	AFRS	1-4
AFPC	2-2		